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International Day of Sign Languages

Tech Mahindra Foundation SMART + Project students from Kurla conducted a workshop on Basic Indian Sign Language for the Tech Mahindra staff members on September 23, 2019, on account of International Day of Sign Languages. The objective of the event was to foster an inclusive environment. The students confidently trained the Tech Mahindra employees on Basic Indian Signs like days of the week, months of the year, basic conversation etc.



Art & Craft Workshop

I Learn I Earn students with intellectual disabilities in Bandra centre made eco-friendly products, such as, jewellery and home decoration items under the mentorship of an Arts and Craft trainer. Furthermore, they sold the creative products in the LTI Mahape office, Navi Mumbai. The learning from the activity boosted the students' self-confidence and created a perspective of the possibility of self-sufficiency.



Art Based Therapy

Today's stressful life has led to mental health being a priority and everyone is striving to achieve it through varied means. ABT [Arts Based Therapy] is one such tool. It provides therapeutic intervention using art as a medium towards self-empowerment. Our Vashi and Bandra centres held interactive sessions based on this therapy for the differently-abled students. The session, based on the laws of quantum physics and philosophy, used elements from three artistic media – music, drama, and visual art.



Regional Winner

Sujaya Foundation had applied for the Spirit of Humanity Award hosted by Americares Foundation (India). The process had started in July. After shortlisting 300+ NGOs, Sujaya Foundation made it to the top 24 Finalists. We are the Regional Winner in the Disability Sector. The award ceremony was held on 26th Sept, 2019 at J.W. Marriot, Juhu.



Business Etiquette

Developing a goal-oriented approach to time management can help you achieve success. The other advantage to using goals to manage time is that you are able to accomplish more in a day than you could when you were watching the clock. This session was conducted by Girish Aswani, a Certified Financial Planner, for the specially abled students of Vashi to help them set realistic goals.



Exposure Visit

An exposure visit was organized to Brand Factory, Raghuleela Mall, Vashi for the Chembur centre students. The managers in the outlet informed the students about various aspects of day-to-day the operations. They emphasized on code of conduct and the salary growth in the retail sector.



Career Counseling

A Career Counseling session was conducted by Ms. Shweta Mahganani, Counseling Psychologist for the Chembur centre students. The session focused on various career options available to them with computer knowledge and public speaking skills. She further encouraged students to take up jobs and enter the Labor market.



Work Ethics & Toilet Hygiene

Savita John, a seasoned corporate trainer with many years of experience, conducted a session on Work Ethics and Toilet Hygiene for the abled students of the Bandra centre. She informed the students about the importance of various facets of work ethics that includes time management, eye contact, pre hiring requisites and post hiring parameters. She mentioned about punctuality, discipline, lunch time break sessions, the protocol of applying for leave, etc.



Eco-Friendly Ganesh Idol Making

Sujaya Foundation's specially-abled students made eco-friendly Ganesh idols. The workshop helped the students in understanding the importance of using environment friendly products. The students used their creativity and innovative style to make the idols from clay called- shadhu mati.



LinkedIn Coaches

LinkedIn Corporation conducted a session called LinkedIn Coaches for the abled students of Bandra. This was a mentorship program where in the students were teamed with the LinkedIn employees on a one to one basis. The session facilitated the students to be counseled and mentored under the expert guidance of the employees. The students shared their aspirations in terms of education and employment. The mentors guided them in terms of researching for courses and jobs. They also fine tuned them in terms of their interview preparation skills. The session gave the students a first time peak into a corporate scenario and thereby set their aspirational benchmark.



Financial Literacy

Sujaya Foundation organized a Workshop on Financial Literacy for the Kurla Centre students and parents. The workshop was conducted by Ms. Sushma Das, a SEBI registered member. The program was designed by SEBI & NISM. It focused on how money management is a universal subject that everyone should understand. The session helped the students and parents to understand how to manage finances better.



International Volunteering

International volunteering and intervention has always been an integral component that leads to the overall development of students. It enhances their general knowledge and perspective about things. An entire week of such sessions were taken by Vaarin Shroff and Jainik Shroff who came in from Chicago, America for the abled and specially abled students of the Bandra Centre. They presented very interesting sessions on American History, American Geography, American Sports, American Seasons and Holidays. They concluded the session with the famous American game show - Jeopardy which included questions on the topics that were covered. In fact, it was the first time that an abled student was paired with a specially abled student. This game was a great hit amongst the students. They thoroughly enjoyed competing with each other.



Alumni Appreciation

We are glad to share that three of our alumni from Vashi & Kurla, Mr. Pankaj Lingawale, Mr. Reeve Gonsalves and Mr. Ashish Nissel were appreciated by Citius Tech Healthcare Technology Pvt Ltd. for their outstanding attitude towards work and their desire to take up challenges.

